Feel Good Health Club

WAIVER AND LIABILITY AGREEMENT

BY PArticipating in THE ONLINE LIVE FITNESS CLASSES, PROVIDED BY Feel Good health Club, YOU HEREBY AGREE TO THE FOLLOWING:

1. I AM PARTICIPATING IN THE LIVE STREAMING OF FITNESS CLASSES, INCLUDING, ZUMBA, Stretch & Sculpt, forever young, pilates, Thi Chai, body flow, full worx, dance fit, body conditioning, yoga, vera flow, legs, bums and tums, hiit, meditation and insanity OFFERED BY feel good health club and the instrcutors that work on their behalf, DURING WHICH I RECEIVE INSTRUCTION VIA LIVE STREAMING THROUGH THE APP, ZOOM.
2. I UNDERSTAND THAT IT IS MY RESPONSIBILITY TO ENSURE MY INTERNET CONNECTION IS WORKING BEFORE, DURING AND AFTER THE LIVE ONLINE CLASS PROVIDED BY feel good health club.
3. I UNDERSTAND THAT IT IS MY RESPONSIBILITY TO CONSULT WITH MY DOCTOR PriOR TO ANY ONLINE CLASSES REGARDING ANY HEALTH CONDITIONS AND EXISTING OR PRE- EXISTING INJURIES. I REPRESENT AND WARRANT THAT I AM PHYSICALLY FIT AND I HAVE NO MEDICAL CONDITION THAT WOULD PREVENT MY FULL PARTICIPATION IN THE LIVE ONLINE CLASSES.
4. IN CONSIDERATION OF BEING PERMITTED TO PARTICIPATE IN ANY LIVE ONLINE FITNESS CLASSES, HELD BY feel good health club and the instrcutors that work on their behalf, I AGREE TO TAKE FULL RESPONSIBILITY FOR ANY RISKS, INJURIES, DAMAGES, UNKNOWN OR KNOWN, WHICH I MIGHT INCUR AS A RESULT OF PARTICIPATING IN THE LIVE ONLINE CLASSES. I KNOWINGLY, VOLUNTARILY AND EXPRESSLY WAIVE ANY CLAIM I MAY SUSTAIN AS A RESULT OF PARTICIPATING IN THE LIVE ONLINE CLASSES.
5. I UNDERSTAND AND AGREE THAT NO REFUNDS ARE GIVEN FOR ANY ONLINE CLASSES PROVIDED THROUGH feel good health club.

I HAVE READ THE ABOVE RELEASE AND WAIVER OF LIABILITY AND FULLY UNDERSTAND ITS CONTENTS. I VOLUNTARILY AGREE TO THE TERMS AND CONDITIONS STATED ABOVE.

Print Name:

Signed:

Date: